



### **Worksite Specific Plan**

- Designated On-Duty Employee To Oversee Plan:
  - Each Locations Office Manager Will Be Incharge Of COVID-19 Prevention Plan
- Contact Information for Local Health Department
  - Monarchs Agoura Hills & MonarX Parkour
    - http://publichealth.lacounty.gov/index.htm
    - Dial 211
  - **Monarchs Athletics Thousand Oaks** 
    - http://www.vchca.org/
    - **(805)** 465 6650

## **Employee Specific Plan**

- Employees Will Not Come to Work If:
  - Frequent Cough, Fever, Difficulty Breathing, Chills, Muscle Pain, Sore Throat, Recent Loss Of Taste or Smell, OR If You or Someone You Live With Have Been Diagnosed with COVID-19.
    - If anyone at Monarchs finds out they have been exposed to a person with Covid-19 and they have been to Monarchs, we will notify anyone that person came in contact with at Monarchs.
- Employees Will Seek Medical Attention If:
  - o Symptoms Become Severe, Inclusing Persistent Pain or Pressure In The Chest, Confusion, or Bluish Lips or Face.
- Employees Will Wash Hands:
  - After Class Or Every 40 Minutes
  - Wear PPE At Work
  - Sanitize Frequently
    - Sanitize before touching mask and after
  - Do Not Touch Face, Eyes, Nose, Mouth
  - Wash Face Every Day or Throw Away After Every Shift



# **Control Measures and Screening**

- Self Screen At Home
- Temperature Screening Before Work Begins
- Wash Hands Before Class, Every 40 Minutes, and After Class
- Wear PPE
- Reservations Required From All Camper and Students
- No Observation Area Will Be Open For The Time Being (Online Parent Live Stream Will Be Available)
- Customers Entering Facility Will Be Screened for Temperature
- Adults Are Required To Wear A Mask Inside
  - Children Will Be Escorted Into Facility
- Signage In High Traffic / Visible Areas About Distance, Self Screening Symptoms, etc.
- Students Need To Wear Grippy Socks



#### **Cleaning & Disinfecting**

- After every class disinfect high touch areas, doors knobs, light switches, bathrooms, counters, pens, and rails and vending machines.
- After every class disinfect mats and equipment used for the class.
- See schedule for staggered classes to allow for this procedure. (40 min classes with 20 min interim to disinfect).
- Employees should wear gloves and PPE while disinfecting
- Open all doors, windows and back doors when applicable to allow for air flow, circulation, and ventilation.
- First Aid stations should remain fully stocked per Monarchs Regular Protocol
- Hand sanitizer will be available at multiple areas throughout the gym.
- Water fountains will remain closed for the time being. Individuals should plan to bring or purchase water bottles (Staff & **Customers**)
- Used cleaning microfiber should be placed in a closed container to launder, use gloves.
- Take out trash between Camp / Classes / Team / End of Day
- Assign telephone & Computer to office personal for their shift, wipe down and disinfect that area after their shift is complete

before leaving.



- Follow floor markings for 6ft distancing.
- Plexiglass barrier for front office.
- Touchless enrollment via class manager and parent portal / online registration.

One-way traffic markings throughout the facility, separate entrance and exit.

- Use online registration at any chance when available to the customer.
- Every customer needs a credit card on file for efficiency when enrolling.
- Ratio: Maximum 10 students per 1 instructor.
- NO use of parent observation area, employee area for groups, or kitchen area. Avoid person to person contact when instructing when available.



## **Restrooms and Communal Facility**

- See disinfecting high touch areas previously described.
- Bathrooms have been modified to allow touchless use.
- Post cleaning schedule/log for bathroom (hourly).
- Post sign for proper hand washing.